



Heli-Canada
ADVENTURES

February/March 2009



Avalanche Skills Training

We are truly lucky in British Columbia, Canada to have some of the worlds best skiing in our mountain ranges. In Revelstoke there are many backcountry skiers and snowboarders, mountaineers, snowmobilers, and snowshoers who all enjoy the magical moments that our mountains provide in winter. Are you thinking that it may be time for you and your group to take a course in avalanche awareness and self rescue?

We offer two avalanche skills training courses:

Introduction (AST Level 1) and Advanced (AST Level 2), for small groups of 6 guests. We can and do have more guests per course, but our ratio is one guide per six guests to maximize your learning potential! Our courses follow the high quality instructional materials from the Canadian Avalanche Association and are delivered by our certified ACMG guides in a fun and professional manner.

Do you have a small group of six friends who enjoy the backcountry in the winter and wish to invest in avalanche safety? – Call us today and we would be very happy to arrange a course for you. Do you have a location or a tailor made course that you would like to put together? – We are available to make your idea a reality.

Did You Know?

All the planets in the solar system rotate anticlockwise, except Venus. It is the only planet that rotates clockwise.



How About a Spring Snowshoe Adventure in the Alpine Backcountry!



For thousands of years, snowshoes have been used for winter transportation. With big improvements in their technology today, snowshoeing is even more popular. Just Imagine ... Your family, friends and loved ones, enjoying a spring day snowshoeing in the alpine with a panorama of glaciers commanding your view! Whether you are proposing to your best friend; finishing your degree; getting together for a family reunion or anniversary (we love parties!); or the in-laws have the kids for a week (yahoo!), no matter what the occasion, it is always special with us.

If you can walk, then you can snowshoe – really, it is that simple. Today's snowshoes are very easy to put on and do not require you to walk bow legged any more! Being strong and light, the snowshoes offer guests of all ages and fitness levels to enjoy the alpine this spring.

The highlight is the setting – the alpine of the Monashee Mountains. It is here where glaciers give way to towering sheer rock faces shooting up to the peaks of high mountain ridges with spring's deep blue sky beyond. The mountain ranges, clothed in winter dress, add to the refreshing ambiance of your surroundings. The soft crunch of the snow underneath your snowshoes, adds to the surround sound of the melody of nature playing in your ears. The ptarmigans and weasels have started changing their camouflage from winter white to spring brown, the birds are ruffling their feathers and chirping a cheerful song and the mountain goats linger longer in the sun baked cliffs. After the memory banks and memory card are filled with inspired images of today, the body feeling exercised, pleased and healthy, it is time for appis and story telling in the mountain guide lounge.

And of course, the helicopter whisks us to this alpine setting in the morning and home again each day to our opulent base, The Coast Hillcrest Hotel. Fine dining is at 7 pm, so you have time for a warm soak, massage, and a snuggle with a good book before the evening meal. Melting cuisine and fine wine along with today's stories, rounds out your perfect day before a sound sleep and the dawning of tomorrow's new adventures ...

Along with the private daytrips, HCA offers three- to four-day packages – which we can combine with all kinds of other spring adventures from ambling to mountaineering –with or without accommodation. Again, it's your choice, your pace. For more information, we're at www.helicanada.com, or 1-888-837-5417.



Exclusive Adrenalin Adventures

Are you looking for a summer adventure that will make your hair go straight back? Would you like to do something that you thought that you would never do because you believe it is scary? How about conquering those fears this summer with our Diamond Cut Multi Adventure Packages? Are your palms getting sweaty?! Sounds like allot of fun doesn't it?!

www.helicanada.com
1-888-837-5417
(toll free in North America)



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News Round-Up

A few tips that you might find useful:

Book now for summer 2009!

It's never too early to reserve your summer adventure in the Canadian Rockies — our trip dates and pricing are already in place, so go ahead and take a look at where you could be next summer! It's all at www.helicanada.com.

Referral discounts

We think it's the height of praise for our guests to refer us to their friends and family. If those you refer us to subsequently book with us, you'll receive a 10-percent discount on your next Heli Canada Adventure, as a token of our appreciation. Thank you, merci and gracias!

Family-friendly pricing

Family pricing means that a family of four in any combination (such as grandparents, parents and children) receives special value packages for our Gold Star (pre-arranged adventures from our website at helicanada.com) and Diamond Cut (privately guided adventures customized just for you) options.

Be a star!

We're always looking for your photos for our new Internet photo gallery. Just e-mail them in jpg format to info@helicanada.com and we'll put them up on the website — consider it part of your 15 minutes of fame!

Climb a peak, rappel into a crevasse, climb a sheet of ice, walk an exposed ridge with a panorama of mountain vistas ... There are many more ideas to action on our 3 or 4 day packages where we can mix and match our adventures for those of you who need some adrenalin! You would be accompanied by our certified ACMG guides ensuring that you will arrive back in the valley bottoms to comb your hair down at the end of the day! We have terrain for the novice to the seasoned veteran and can pump the adrenalin into every family member regardless of age! Give us a Call today and we can arrange an adrenalin adventure just right for you.

Featured Adventure Ski Touring and Ski Mountaineering (we needed a bit of Yvonne's words this month!!)

Just imagine...standing perfectly still on the crest of a ridge. There's no sound except the sigh of the wind through the snow-covered trees below you. Then you move, and the snow squeaks below your skis.

It's time.

This trackless alpine slope is yours this afternoon — yours to carve deep trails as world-class powder flies up around your knees, yours to ski as far and as long as you want. Your only focus is keeping your tips up, as if you're riding waves of pure white gold.

That's how good the powder is in the Canadian Rockies, on the backcountry alpine slopes and meadows of Rogers Pass and Glacier National Park. When winter sweeps across these peaks, it creates a dazzling landscape of snow and rock and sky, of white and grey and blue. If you're counting vertical feet, you'll be adding thousands to your log. But we'll bet that you'll lose track.

Because, just as you left your mark on the powder, the powder will leave its mark on you. Once won't be enough.

We should know: here at Heli Canada Adventures, we're still captivated by the sunlight on snow-shouldered

peaks, and by the stories played out by the tracks in the snow under the forest canopy. We know that the wildlife doesn't disappear in the winter: it just gets wiser. We know that terrain that's impassable in the summer turns into ideal skiing and snowshoeing territory under a deep blanket of snow.

That's why we specialize in bringing the wonders of winter in the backcountry to you, offering powder ski and snowboard touring, and heli snowshoeing adventures from December through May. Our combination of helicopter and road transport, luxury inn accommodation and highly experienced guides means that your vacation not only fits your goals, but your dreams.

Your world wide options range from self propelled traverses to helicopter support traverses, all of which are guided by highly qualified and professional guides. Accommodation options are available if you need them — for more information, just visit helicanada.com or call 1-888-837-5417.

About Heli Canada Adventures

HCA specializes in exclusive, small group heli adventures. Our winter adventures feature powder ski and snowboard touring, and heli snowshoeing — and we also team up with high-quality partner companies to offer heli skiing and heli snowboarding, and snowcat skiing.

Our summer adventures range from heli picnics to heli backpacking, with heli hiking and heli mountaineering as our signature offerings.

We match each trip and group to your pace and expertise, making our adventures ideal for families, couples and single travelers. We also specialize in designing corporate, private and incentive heli adventures to fit your goals. From our base in Revelstoke, British Columbia, we provide unparalleled access to some of North America's most pristine mountain wilderness.

Contact Information:

1 (888) 837-5417 (toll-free in North America)

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We would love to hear from you!