

Winter 2016

Heli Canada
ADVENTURES

Revelstoke
SKI TOURING



We would like to hear from You!

We would like to find out if we could add an adventure that would be appealing to you - Heli-Mountain Biking. Would you be in? We would like to hear from you - check out our short survey on our Heli Canada Adventures site, under Summer Adventures. We want your input!

We're hoping that what draws you to Revelstoke is an experience with Heli Canada Adventures that you'll remember forever. Maybe you have suggestions on trip lengths, packages, or times of the season that work best for you? Is there a particular day of the week to start our multi-day adventures that makes it easier to book air travel? How early do you start to plan your summer vacation?

Please **email** us any suggestions, ideas, or advice in making Heli Canada Adventures your helicopter vacation company.



Summer is near!



A belated Happy New Year to both our current and future clients! We've been very busy here, setting things in motion for the best winter season ever. The staff at Revelstoke Ski Touring crossed their fingers, hoped, prayed - and once again Mother Nature delivered. The area has been enjoying massive dumps of snow and fabulous conditions up high. The time is right for that trip you've been talking about for a while now. What's your pleasure? A ski touring adventure with your kids? Heli skiing with buddies? A Crevasse Rescue and Glacier Travel course with your partner? We have something for everyone at Revelstoke Ski Touring,

and our specialty is custom fitting the trip to meet all your goals and wishes for a fabulous experience.

A reminder to all of our US, British, and other European clients, new and returning: while we may be crying over our incredibly low Canadian dollar, this is a huge boon to you, allowing your dollar to stretch much farther. We can't think of a better time for you to book your dream trip with us - grab

www.helicanada.com

1-888-837-5417

(toll free in North America)



**In seed time learn, in harvest
teach, in winter enjoy.**

William Blake

Tips from the Team:

The team at Revelstoke Ski Touring knows all too well the importance of a well-fitting day pack, while out on your winter adventure. First, measure your torso length. To do this, ask your friend to measure from the bump on your spine at the bottom of your neck, C7, to the middle of your hip bones, your iliac crest. Remember to stand straight while measuring. For a day pack, we suggest a 30 litre pack with an internal frame. Packs are gender specific – get the right one! Hip belts need to be comfy, as they support 80% of the pack's weight. Look for ventilation between your back and the pack. Packs that have attachment points for hiking poles, ice axes, and crampons are very handy. A water bladder or water bottle is vital for staying hydrated. Ensure wide-mouth openings – keep in mind the ease of filling them up and having easy access to them. Consider if the pack will have multiple uses - biking, mountaineering, heli skiing - or is it just your hiking pack? The material should be durable to take the rigors of the wilderness. Personally, I prefer a top-loading day pack instead of a panel folding pack – they are lighter! Take your time choosing a pack by adjusting the straps, bending over with it, walking up and down stairs with it, etc. Comfort is #1



it while the going is good!

New Look for a New Year!

Remember that it is never too early to plan for warm days and summer activities! Part of the excitement of a trip is in the anticipation of things to come – it can get you through just about any sunless winter day or stressful assignment at work. Heli hiking with kids, glacier trekking with your special someone (maybe to mark a special anniversary?), or Heli mountaineering with that friend that likes to push you out of your comfort zone and that's why you're friends – the possibilities are endless.

One of the projects we have been busy with this season is updating our two websites – Revelstoke Ski Touring and Heli Canada Adventures. Thanks to the skill and expertise of Randy Bencke of Electric Silk, we have a new, fresh look for your perusing pleasure. New format and new beautiful, inspiring photos to entice you to join us for a backcountry experience like no other. Bob and his staff are ready to plan your dream holiday with you. Safety, fun, learning, and challenge – you won't be disappointed!

Contact Information:

1 (888) 837-5417 (toll-free in North America)

1 (250) 837-5417 (outside North America)

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